

UGANDA ATHLETICS FEDERATION

4th National Trial - April 16th, 2022

Mandela National Stadium

Women

100m Women Heat 1

Wind: -0.4m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	2	504	Achola Vacity	Nampunge C. H. Sch. Ath. Club	14.4
2	4	520	Akello Gloria Ocen	Masindi District Athl. Association	14.6
3	3	518	Kobusingye Jolly Leticia	Moyo District Athletics Association	14.9
4	8	-	Pasqualato Rosalba	Arua District Athletics Association	18.6
	5	546	Anyayo Rosette	Kyambogo University Athletics Club	DNS
	6	609	Agenrwot Francisca	Inzikuru Sports Academy Ath. Club	DNS
	7	619	Oliver Nyerere	Inzikuru Sports Academy Ath. Club	DNS

100m Women Heat 2

Wind: 0.3m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	5	573	Namatovu Clare	Kampala Kids Academy Ath. Club	15.3
2	4	536	Muhwezi Chelsea Michelle	Makerere University Athletics Club	15.4
3	3	515	Badaru Mercy	MUBS Athletics Club	15.9
4	6	320	Oroma Agness	Unity Athletics Club	16.0
5	7	448	Adyero Christabella Hope	Tuku Afrika Athletics Club	16.7
6	2	449	Alubu Nancy Lydia	Tuku Afrika Athletics Club	17.8

100m Women Heat 3

Wind: 0.8m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	5	628	Koranteng Aimee	Entebbe Athletics Club	13.4
2	6	485	Mababazi Pecae T	Old Kampala S.S Athletics Club	13.5
3	4	514	Kobusingye Salaama	Nalinya Lwantale G. Ss Ath. Club	13.7
4	3	483	Awelo Muksa Fiona	Old Kampala S.S Athletics Club	13.8
5	2	507	Avako Joyce	Nampunge C. H. Sch. Ath. Club	14.0
6	1	623	Ayiorwoth Flavia	Gombe S.S Athletics Club	14.8
7	8	481	Aber Samsa	Old Kampala S.S Athletics Club	15.2
	7	493	Ayikoru Rita Favour	Ndejje University Athletics Club	DQ



100m Women Heat 4**Wind: 0.7m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	4	417	Nyamahunge Jacent	Uganda Police Athletics Club	11.67
2	5	488	Nyawere Christine	Old Kampala S.S Athletics Club	12.70
3	6	333	Oroma Emmanuella	Uganda Wildlife Authority Ath. Club	12.97
4	3	358	Koli Evaline Ocen	Uganda Prisons Athletics Club	13.08
5	1	486	Nessia Aminah	Old Kampala S.S Athletics Club	13.31
6	7	495	Baty Claire	Ndejje University Athletics Club	13.32
7	2	480	Abalo Sandra	Old Kampala S.S Athletics Club	13.38
8	8	505	Anamu Vicky	Nampunge C. H. Sch. Ath. Club	13.78

200m Women Heat 1**Wind: -0.6m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	2	469	Cheka Christine	Standard High Zana Ath.Club	25.6
2	4	504	Achola Vacity	Nampunge C. H. Sch. Ath. Club	30.0
	3	477	Namuwonge Jennifer	Standard High Zana Ath.Club	DNS
	5	518	Kobusingye Jolly Leticia	Moyo District Athletics Association	DNS
	6	546	Anyayo Rosette	Kyambogo University Athletics Club	DNS

200m Women Heat 2**Wind: -0.4m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	2	333	Oroma Emmanuella	Uganda Wildlife Authority Ath. Club	27.0
2	7	454	Yamusobo Janat	Tororo District Ath.Association	28.3
3	4	507	Avako Joyce	Nampunge C. H. Sch. Ath. Club	29.4
4	5	623	Ayiorwoth Flavia	Gombe S.S Athletics Club	30.7
5	6	481	Aber Samsa	Old Kampala S.S Athletics Club	31.4
6	3	515	Badaru Mercy	MUBS Athletics Club	33.9



200m Women Heat 3**Wind: 0.4m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	3	485	Mababazi Pecae Teopnta	Old Kampala S.S Athletics Club	27.5
2	6	505	Anamu Vicky	Nampunge C. H. Sch. Ath. Club	27.8
3	4	529	Draru Rose	Makerere University Athletics Club	28.1
4	5	514	Kobusingye Salaama	Nalinya Lwantale G. Ss Ath. Club	28.3
5	2	625	Nyapolo Charity	Gombe S.S Athletics Club	28.8
6	7	482	Aciro Prossy	Old Kampala S.S Athletics Club	29.0

200m Women Heat 4**Wind: -0.4m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	4	417	Nyamahunge Jacent	Uganda Police Athletics Club	24.03
2	6	488	Nyawere Christine	Old Kampala S.S Athletics Club	25.04
3	3	358	Koli Evaline Ocen	Uganda Prisons Athletics Club	26.09
4	2	480	Abalo Sandra	Old Kampala S.S Athletics Club	27.07
5	1	495	Batyo Claire	Ndejje University Athletics Club	27.15
6	7	486	Nessia Aminah	Old Kampala S.S Athletics Club	27.85
7	8	483	Awelo Muksa Fiona	Old Kampala S.S Athletics Club	28.11
	5	375	Banura Maureen Akiiki	Uganda Police Athletics Club	DNS

400m Women Heat 1

Pos	Lane	Bib	Name	Affiliation	Time
1	5	468	Babwona Asha	Standard High Zana Ath.Club	1:02.2
2	3	482	Aciro Prossy	Old Kampala S.S Athletics Club	1:04.0
3	6	472	Janet Icazi	Standard High Zana Ath.Club	1:05.1
4	2	345	Biryeri Evelyn	Uganda Prisons Athletics Club	1:06.2
5	8	625	Nyapolo Charity	Gombe S.S Athletics Club	1:14.2
	4	477	Namuwonge Jennifer	Standard High Zana Ath.Club	DNS
	7	610	Akanyo Gloria	Inzikuru Sports Academy Ath. Club	DNS



400m Women Heat 2

Pos	Lane	Bib	Name	Affiliation	Time
1	3	428	Shida Leni	Uganda Police Athletics Club	53.58
2	6	415	Nanziri Emily	Uganda Police Athletics Club	55.29
3	5	375	Banura Maureen Akiiki	Uganda Police Athletics Club	56.84
4	7	608	Aber Patricia	Inzikuru Sports Academy Ath. Club	1:01.61
5	2	512	Bala Annaucienta	Nalinya Lwantale G. Ss Ath. Club	1:03.26
6	8	454	Yamusobo Janat	Tororo District Ath.Association	1:05.06
	4	529	Draru Rose	Makerere University Athletics Club	DNS

800m Women Heat 1

Pos	Lane	Bib	Name	Affiliation	Time
1	5	459	Chekwe moi Vicky	Talenta Athletics Club	2:23.8
2	4	458	Chebet Joan	Talenta Athletics Club	2:25.5
3	1	466	Akullu Ruth	Standard High Zana Ath.Club	2:27.7
4	3	436	Akello Ryaima Kella	UCU Athletics Club	2:33.8
5	2	372	Aguyo Judith	Uganda Police Athletics Club	2:37.2
6	7	509	Kobusinge Phiona	Nampunge C. H. Sch. Ath. Club	2:40.3
7	6	506	Aneno Salume	Nampunge C. H. Sch. Ath. Club	2:51.2
	8	526	Alanyo Catherine	Makerere University Athletics Club	DNS

800m Women Heat 2

Pos	Lane	Bib	Name	Affiliation	Time
1	4	584	Chebet Maureen	JOCDEF Athletics Club	2:11.8
2	7	611	Akong Nancy	Inzikuru Sports Academy Ath. Club	2:32.8
3	6	438	Kongai Sarah Agnes	UCU Athletics Club	2:42.8
4	1	568	Gimbo Madinah	Kampala Kids Academy Ath. Club	2:43.1
5	3	575	Ninsiima Kayla	Kampala Kids Academy Ath. Club	3:35.8
	2	574	Namayanja Vivian	Kampala Kids Academy Ath. Club	DNS
	5	552	Nansimbi Rosemary	KIU Athletics Club	DNS
	8	615	Nakato Joan	Inzikuru Sports Academy Ath. Club	DNS



800m Women Heat 3

Pos	Lane	Bib	Name	Affiliation	Time
1	4	475	Nafumba Florence	Standard High Zana Ath.Club	2:16.6
2	6	465	Akello Priscilla Onyanga	Standard High Zana Ath.Club	2:16.9
3	8	585	Chekwe moi Brenda	JOCDEF Athletics Club	2:17.0
4	5	489	Ayozu Grace	Ndejje Universityathletics Club	2:20.9
5	2	471	Hikima Georgina	Standard High Zana Ath.Club	2:22.9
6	8	587	Chekwe moi Finacia	JOCDEF Athletics Club	2:29.0
7	1	513	Imalingat Everyline	Nalinya Lwantale G. Ss Ath. Club	2:37.5
	3	537	Nyakato Jeniffer Abooki	Makerere University Athletics Club	DNS
	7	329	Ndiwa Chesang	Uganda Wildlife Authority Ath. Club	DNS

1500m Women

Pos	Lane	Bib	Name	Affiliation	Time
1	11	328	Nakaayi Halimah	Uganda Wildlife Authority Ath. Club	4:12.67
2	16	384	Chemusto Janat	Uganda Police Athletics Club	4:13.46
3	12	338	Aciru Knight	Uganda Prisons Athletics Club	4:14.86
4	14	351	Chemutai Belinda	Uganda Prisons Athletics Club	4:15.59
5	3	560	Chelangat Leah	KCCA Athletics Club	4:36.19
6	17	392	Cherop Risper	Uganda Police Athletics Club	4:37.53
7	13	343	Amuron Harriet Agness	Uganda Prisons Athletics Club	4:44.68
8	6	459	Chekwe moi Vicky	Talenta Athletics Club	4:51.10
9	2	558	Chebet Gloria	KCCA Athletics Club	4:52.09
10	10	302	Chebet Joy	UPDF Athletics Club	4:59.90
11	5	458	Chebet Joan	Talenta Athletics Club	5:06.50
12	8	509	Kobusinge Phiona	Nampunge C. H. Sch. Ath. Club	5:31.64
13	7	506	Aneno Salume	Nampunge C. H. Sch. Ath. Club	5:39.17
	1	324	Chepkwe moi Loice	Uganda Wildlife Authority Ath. Club	DNS
	4	566	Nadunga Winnie	KCCA Athletics Club	DNS
	9	526	Alanyo Catherine	Makerere University Athletics Club	DNS
	15	382	Chebet Selestine	Uganda Police Athletics Club	DNS



3000m U20 Women

Pos	Lane	Bib	Name	Affiliation	Time
1	1	381	Chebet Scarlet Patrick	Uganda Police Athletics Club	9:34.8
2	11	324	Chepkwemai Loice	Uganda Wildlife Authority Ath. Club	9:39.0
3	13	560	Chelangat Leah	KCCA Athletics Club	9:47.8
4	17	595	Cherop Patience	JOCDEF Athletics Club	9:47.8
5	15	586	Chekwemai Felista	JOCDEF Athletics Club	9:50.3
6	14	583	Chebet Edith	JOCDEF Athletics Club	10:12.3
7	12	558	Chebet Gloria	KCCA Athletics Club	10:12.6
8	2	393	Cherop Ruth Kipsang	Uganda Police Athletics Club	10:18.6
9	5	386	Chemutai Scarlet	Uganda Police Athletics Club	10:21.8
10	3	380	Chebet Miracle	Uganda Police Athletics Club	10:29.2
11	7	450	Cheruto Nowel	Tuku Afrika Athletics Club	10:48.2
12	8	452	Yeko Grace	Tuku Afrika Athletics Club	10:51.2
13	9	467	Apong Semmy	Standard High Zana Ath.Club	11:12.4
14	6	397	Cherotich Recho	Uganda Police Athletics Club	11:23.6
15	4	385	Chemutai Nelly	Uganda Police Athletics Club	11:45.3
16	10	470	Cheptegei Hilda	Standard High Zana Ath.Club	12:18.8
	16	590	Chelimo Dolphine	JOCDEF Athletics Club	DNS



5000m Women

Pos	Lane	Bib	Name	Affiliation	Time
1	8	353	Cherop Rispa	Uganda Prisons Athletics Club	15:52.9
2	6	341	Ajok Dorcus	Uganda Prisons Athletics Club	16:11.6
3	4	381	Chebet Scarlet Patrick	Uganda Police Athletics Club	16:41.1
4	9	443	Kibet Doreen	Uafa Athletics Club	17:12.3
5	1	521	Chebet Nema	Makindye Municipal Ath. Association	18:08.4
6	7	348	Chebet Risper	Uganda Prisons Athletics Club	18:18.6
7	2	497	Chekwe moi Sandra	Ndejje University Athletics Club	19:01.5
	3	566	Nadunga Winnie	KCCA Athletics Club	DNS
	5	393	Cherop Ruth Kipsang	Uganda Police Athletics Club	DNS
	10	547	Cherop Ruth	Kyambogo University Athletics Club	DNS

Shotput Women

Pos	Lane	Bib	Name	Affiliation	Distance
1	6	335	Aber Caroline Odwong	Uganda Prisons Athletics Club	9.96
2	8	491	Anek Scovia Olanya	Ndejje University Athletics Club	8.89
3	3	337	Aciro Rose Mary	Uganda Prisons Athletics Club	8.82
4	4	342	Amaido Caroline	Uganda Prisons Athletics Club	8.55
5	1	448	Adyero Christabella Hope	Tuku Afrika Athletics Club	6.25
6	2	449	Alubu Nancy Lydia	Tuku Afrika Athletics Club	6.22
	5	410	Laker Mercy	Uganda Police Athletics Club	DNS
	7	370	Acan Jannet	Uganda Police Athletics Club	DNS



Men

100m Men Heat 1

Wind: 0.2m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	5	572	Mukasa Vincent	Kampala Kids Academy Ath. Club	11.7
2	6	576	Ogal Amos	Kampala Kids Academy Ath. Club	12.3
3	3	549	Ocira Daniel Daniel	Kyambogo University Athletics Club	12.5
4	4	567	Bwire Kevin	Kampala University Athletics Club	12.7
5	1	540	Sseruuma Daniel	Makerere University Athletics Club	13.0
6	2	543	Zziwa Eria	Makerere University Athletics Club	13.0
7	7	614	Kissa Issaman	Inzikuru Sports Academy Ath. Club	13.2

100m Men Heat 2

Wind: 0.9m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	7	494	Ayup Khoak Khor	Ndejje University Athletics Club	11.1
2	2	435	Wokorach Geoffrey Oloya	Uganda Para Athletics	13.0
3	6	455	Wandera Denis	Tela Field Athletics Club	13.1
4	5	535	Muhwezi Abraham Lincoln	Makerere University Athletics Club	13.6
	1	433	Ocira Richard	Uganda Para Athletics	DNS
	3	439	Omodo Denish Isaac	UCU Athletics Club	DNS
	4	444	Lwarence Oringa	UAFA Athletics Club	DQ

100m Men Heat 3

Wind: -0.8m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	3	365	Ojirot James	Uganda Prisons Athletics Club	11.5
2	5	398	Geoffrey Onen	Uganda Police Athletics Club	11.8
3	2	359	Komakech Moses	Uganda Prisons Athletics Club	12.0
4	4	376	Bongomin Fred	Uganda Police Athletics Club	12.8
5	7	445	Nsiiro Edward	UAFA Athletics Club	13.0
6	1	531	Kayondo Arnold	Makerere University Athletics Club	13.2
7	6	432	Ocen Wildfred	Uganda Para Athletics	14.8



100m Men Heat 4**Wind: 0.3m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	1	321	Torach Stephen	Unity Athletics Club	11.8
2	2	629	Nkutu Ibahimovic Kirundans	Buikwe District	11.8
3	6	534	Masisa Fred	Makerere University Athletics Club	12.13
4	5	525	Ainembabazi Gerald	Makerere University Athletics Club	12.2
	7	442	Kansiime Joseph Mwesigwa	UAFA Athletics Club	DNS
	3	545	Abwola Mark	Layibi College	DQ
	4	319	Opiyo Kenneth	Unity Athletics Club	DQ

100m Men Heat 5**Wind: -0.3m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	2	421	Oija Fred	Uganda Police Athletics Club	11.4
2	6	501	Odikor Andrew	Ndejje University Athletics Club	11.4
3	4	464	Adome Gabriel	Standard High Zana Ath.Club	11.6
4	5	548	Diego Derrick	Kyambogo University Athletics Club	11.6
5	3	473	Kiguli Trevor Understone	Standard High Zana Ath.Club	11.6
	1	322	Ajalu Joshua	Uganda Wildlife Authority Ath. Club	DQ
	7	446	Okabo Santos	UAFA Athletics Club	DNS

100m Men Heat 6**Wind: 0.4m/s**

Pos	Lane	Bib	Name	Affiliation	Time
1	5	331	Okot Benson	Agago	10.42
2	6	371	Adome Pius	Uganda Police Athletics Club	10.66
3	2	327	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	10.80
4	4	555	Juma Tyson Omondi	Kenya	10.84
5	3	336	Aboda Emmanuel	Uganda Prisons Athletics Club	10.85
6	7	355	Isabirye Musa	Uganda Prisons Athletics Club	10.88
7	8	416	Nuwagaba Emmanuel	Uganda Police Athletics Club	11.18



100m Men Paralympics

Pos	Lane	Bib	Name	Affiliation	Time
1		433	Ochira Richard		19.3
2		-	Mugabe Brian		19.9

200m Men Heat 1

Wind: -1.1 m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	1	539	Riiny Riiny Agoth Ngot	Makerere University Athletics Club	22.83
2	7	618	Okello Ceaser	Inzikuru Sports Academy Ath. Club	24.58
3	5	612	Darius Owor	Inzikuru Sports Academy Ath. Club	26.12
4	3	543	Zziwa Eria	Makerere University Athletics Club	26.34
5	2	540	Sseruuma Daniel	Makerere University Athletics Club	26.77
6	6	614	Kissa Issaman	Inzikuru Sports Academy Ath. Club	27.87
7	4	570	Koki Kaweesa Reuben Athan	Kampala Kids Academy Ath. Club	29.02

200m Men Heat 2

Wind: -0.1 m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	2	365	Ojirot James	Uganda Prisons Athletics Club	23.50
2	4	441	Batte Keith	Uafa Athletics Club	23.62
3	5	456	Aliakia Pitiki	TBAC Athletics Club	23.92
4	6	473	Kiguli Trevor Understone	Standard High Zana Ath.Club	24.01
5	8	500	Moris Taremwa	Ndejje University Athletics Club	25.45
6	7	478	Ocan Noah	Standard High Zana Ath.Club	27.16
	3	439	Omodo Denish Isaac	UCU Athletics Club	DNS

200m Men Heat 3

Wind: -0.1 m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	5	322	Ajalu Joshua	Uganda Wildlife Authority Ath. Club	23.05
2	4	319	Opiyo Kenneth	Unity Athletics Club	23.26
3	7	398	Geoffrey Onen	Uganda Police Athletics Club	23.44
4	6	366	Omoding James	Uganda Prisons Athletics Club	24.34
5	8	453	Wafula Benon	Tororo District Ath.Association	24.37
6	2	576	Ogal Amos Galaxy	Kampala Kids Academy Ath. Club	25.49
7	3	535	Muhwezi Abraham Lincoln	Makerere University Athletics Club	28.80



200m Men Heat 4

Wind: -0.8m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	1	627	Musenze Jr Christopher	Entebbe Municipal Ath. Association	23.30
2	8	501	Odikor Andrew	Ndejje University Athletics Club	23.31
3	2	634	Obaren Aaron	Amuria District Athletics Association	23.38
4	5	545	Abwola Mark	Layibi College	23.66
5	3	548	Diego Derrick	Kyambogo University Athletics Club	23.71
6	4	550	Opwonya Resty Sunday	Kyambogo University Athletics Club	23.72
7	6	464	Adome Gabriel	Standard High Zana Ath.Club	23.74
8	7	525	Ainembabazi Gerald	Makerere University Athletics Club	24.83

200m Men Heat 5

Wind: -0.3m/s

Pos	Lane	Bib	Name	Affiliation	Time
1	4	331	Okot Benson	Agago District Athletics Association	20.96
2	5	371	Adome Pius	Uganda Police Athletics Club	21.54
3	2	399	Jagalo Joshua	Uganda Police Athletics Club	21.74
4	3	336	Aboda Emmanuel	Uganda Prisons Athletics Club	21.83
5	1	327	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	21.99
6	6	355	Isabiryte Musa	Uganda Prisons Athletics Club	22.03
7	8	419	Obuto Solomon	Uganda Police Athletics Club	22.76
	7	339	Adoli Haron	Uganda Prisons Athletics Club	DNS

400m Men Heat 1

Pos	Lane	Bib	Name	Affiliation	Time
1	3	499	Layeng Erick Sibryanda	Ndejje University Athletics Club	51.1
2	2	492	Apenyo Bekele	Ndejje University Athletics Club	51.5
3	5	550	Opwonya Resty Sunday	Kyambogo University Athletics Club	51.9
4	8	634	Obaren Aaron	Amuria District Athletics Association	52.1
5	6	569	Ignatius Baryaguma	Kampala Kids Academy Ath. Club	54.2
6	7	616	Ogen Innocent	Inzikuru Sports Academy Ath. Club	1:01.3
	4	528	Cheptegei Sam Kiptala	Makerere University Athletics Club	DNS



400m Men Heat 2

Pos	Lane	Bib	Name	Affiliation	Time
1	4	437	Cankura Robert	UCU Athletics Club	51.5
2	3	431	Wanume Yahaya	Uganda Police Athletics Club	51.7
3	5	453	Wafula Benon	Tororo District Ath.Association	52.9
4	6	456	Aliakia Pitiki	TBAC Athletics Club	53.5
5	1	369	Owor Charles Tonny	Uganda Prisons Athletics Club	56.3
6	7	478	Ocan Noah	Standard High Zana Ath.Club	58.7
7	2	541	Ssesanga Hakim	Makerere University Athletics Club	59.9

400m Men Heat 3

Pos	Lane	Bib	Name	Affiliation	Time
1	7	354	Erimu Kokas	Uganda Prisons Athletics Club	48.2
2	5	332	Okwir Erick	Uganda Wildlife Authority Ath. Club	48.2
3	1	317	Komakech Regan Semei	Unity Athletics Club	52.7
4	8	368	Opolot Andrew Moses	Uganda Prisons Athletics Club	52.8
5	4	627	Musenze Jr Christopher	Entebbe Municipal Ath. Association	53.0
6	2	502	Olanya Reagan	Ndejje University Athletics Club	53.6
7	6	344	Arop Michael Oweka	Uganda Prisons Athletics Club	54.6
8	3	403	Kivumbi Rippon Daniel	Uganda Police Athletics Club	56.7

400m Men Heat 4

Pos	Lane	Bib	Name	Affiliation	Time
1	4	339	Adoli Haron	Uganda Prisons Athletics Club	46.68
2	5	347	Chan Wengo Godfrey	Uganda Prisons Athletics Club	47.86
3	3	316	Goni Emmanuel	Unity Athletics Club	48.44
4	6	318	Onen Kennedy	Unity Athletics Club	48.52
5	2	367	Ongee Felix Ouma	Uganda Prisons Athletics Club	49.02
6	7	305	Ekaju Sam	UPDF Athletics Club	51.32
7	8	419	Obuto Solomon	Uganda Police Athletics Club	51.43
8	1	311	Nokrach Stephen	UPDF Athletics Club	52.35



800m Men Heat 1

Pos	Lane	Bib	Name	Affiliation	Time
1	5	571	Labeja Patrick	Kampala Kids Academy Ath. Club	2:00.7
2	1	366	Omoding James	Uganda Prisons Athletics Club	2:05.4
3	2	490	Ainomuhangi Grace	Ndejje University Athletics Club	2:14.0
4	8	624	Kolobe Darius Mulungi	Gombe S.S Athletics Club	2:19.0
5	6	579	Otim Innocent	Kampala Kids Academy Ath. Club	2:19.7
	3	503	Solomon Akodi	Ndejje University Athletics Club	DNS
	4	533	Makanga Joseph	Makerere University Athletics Club	DNS
	7	613	Javan Oyinde	Inzikuru Sports Academy Ath. Club	DNS
	8	617	Ogom Charlse	Inzikuru Sports Academy Ath. Club	DNS

800m Men Heat 2

Pos	Lane	Bib	Name	Affiliation	Time
1	7	508	Comboni Daniel	Nampunge C. H. SCH. ATH. CLUB	2:03.4
2	6	532	Lubega Abdulkarim	Makerere University Athletics Club	2:10.8
3	1	326	Kipyego Nam	Uganda Wildlife Authority Ath. Club	2:16.7
4	2	447	Uyikuru Alfred	UAFA Athletics Club	2:18.1
	3	461	Chemutai Allan	Talenta Athletics Club	DNS
	4	462	Kipsuro Jacob	Talenta Athletics Club	DNS
	7	463	Yeko Godwin	Talenta Athletics Club	DNS
	8	510	Okwit Denish Steward	Nampunge C. H. Sch. Ath. Club	DNS
	8	581	Wabomba Rigan	Kampala Kids Academy Ath. Club	DNS
	5	511	Tenywa Edreen	Nampunge C. H. Sch. Ath. Club	DQ

800m Men Heat 3

Pos	Lane	Bib	Name	Affiliation	Time
1	5	577	Omara Raymond	Kampala Kids Academy Ath. Club	1:55.4
2	4	523	Adupa Daniel	Makerere University Athletics Club	1:58.6
3	6	474	Krube Fadhil Jaffer	Standard High Zana Ath.Club	2:00.8
4	2	530	Ishimwe Grace	Makerere University Athletics Club	2:05.2
5	3	544	Bayita Job	Lukungu Academy Ath. Club	2:07.9
6	8	580	Sande Herbert Lema	Kampala Kids Academy Ath. Club	2:31.0
7	7	578	Onega Daniel	Kampala Kids Academy Ath. Club	2:34.0
8	1	527	Bwanswa Joseph	Makerere University Athletics Club	2:34.2
9	8	524	Agumenaitwe Ambrose	Makerere University Athletics Club	2:59.3



800m Men Heat 4

Pos	Lane	Bib	Name	Affiliation	Time
1	3	538	Otim Emmanuel	Makerere University Athletics Club	1:50.97
2	5	423	Osuje Emmanuel	Uganda Police Athletics Club	1:52.44
3	2	354	Erimu Kokas	Uganda Prisons Athletics Club	1:53.18
4	8	593	Cheptoyek Nicholas	JOCDEF Athletics Club	1:53.84
5	6	325	Etiau Rashid	Uganda Wildlife Authority Ath. Club	1:54.49
6	7	395	Cherotich Dan	Uganda Police Athletics Club	1:55.22
7	8	604	Kiprotich Sam Kapkureny	JOCDEF Athletics Club	1:57.23
8	1	592	Chemos Ezekiel	JOCDEF ATHLETICS CLUB	2:02.07
	4	553	Biwott Hillary	Kenya	DNS

1500m Men Heat 1

Pos	Lane	Bib	Name	Affiliation	Time
1	7	313	Odongkara Richard	UPDF Athletics Club	4:08.8
2	16	463	Yeko Godwin	Talenta Athletics Club	4:10.1
3	1	511	Tenywa Edreen	Nampunge C. H. Sch. Ath. Club	4:16.6
4	3	418	Nyogo Adam	Uganda Police Athletics Club	4:19.4
5	2	532	Lubega Abdugarim	Makerere University Athletics Club	4:19.5
6	5	519	Kato Ronald	Mbarara District Ath.Association	4:24.8
7	11	542	Sunday David	Makerere University Athletics Club	4:25.0
8	15	310	Mutai Maxwell	UPDF Athletics Club	4:25.2
9	14	407	Kwemoi Abraham	Uganda Police Athletics Club	4:25.2
	4	306	Etiang Robert	UPDF Athletics Club	DQ
	6	433	Ocira Richard	Uganda Para Athletics	DNS
	8	434	Okwanga Charles	Uganda Para Athletics	DNS
	9	620	Opio Christopher	Inzikuru Sports Academy Ath. Club	DNS
	10	440	Ssekandi Ashiraf	UCU Athletics Club	DNS
	12	447	Uyikuru Alfred	UAFA Athletics Club	DNS
	13	635	Wanok Morrison	Zombo District Ath. Association	DNS



1500m Men Heat 2

Pos	Lane	Bib	Name	Affiliation	Time
1	8	563	Kiplangat Denis	KCCA Athletics Club	3:55.7
2	9	307	Kiplimo Isaac	UPDF Athletics Club	4:04.2
3	2	457	Chebet Abel	Talenta Athletics Club	4:05.7
4	15	402	Kissa Alex	Uganda Police Athletics Club	4:09.3
5	12	462	Kipsuro Jacob	Talenta Athletics Club	4:11.5
6	5	460	Chelimo Samuel	Talenta Athletics Club	4:16.1
7	1	346	Bua Julius Peter	Uganda Prisons Athletics Club	4:20.8
8	16	405	Kurong Samuel	Uganda Police Athletics Club	4:21.1
9	6	461	Chemutai Allan	Talenta Athletics Club	4:30.0
10	13	326	Kipyego Nam	Uganda Wildlife Authority Ath. Club	4:32.1
11	10	308	Kiprop Dan	UPDF Athletics Club	4:42.8
	3	303	Chebet Paul	UPDF Athletics Club	DNS
	4	559	Chebet Timothy	KCCA Athletics Club	DNS
	7	562	Kibet Rodgers	KCCA Athletics Club	DNS
	11	564	Kipsang Jacob	KCCA Athletics Club	DNS
	14	565	Kipyeko Laban	KCCA Athletics Club	DNS

1500m Men Heat 3

Pos	Lane	Bib	Name	Affiliation	Time
1	5	538	Otim Emmanuel	Makerere University Athletics Club	3:43.96
2	12	602	Kiprop Hosea	JOCDEF Athletics Club	3:44.01
3	4	479	Guem Abraham Majok Matet	South Sudan	3:45.87
4	6	334	Wabutwa Farid	Uganda Wildlife Authority Ath. Club	3:46.63
5	8	630	Chemutai Hosea	Arua District Athletics Association	3:53.92
6	14	423	Osuje Emmanuel	Uganda Police Athletics Club	3:58.56
7	3	557	Kiptanui Emmanuel Too	Kenya	4:09.65
8	9	315	Farahan Issa	Unity Athletics Club	4:14.96
9	13	396	Cherotich Jacob	Uganda Police Athletics Club	4:45.69
	1	636	Dradriga Tom	Uganda Wildlife Authority Ath. Club	DNF
	7	379	Chebet Marajan	Uganda Police Athletics Club	DNF
	2	556	Kipngeno Vincent	Kenya	DNS
	10	361	Mutai Ezekiel	Uganda Prisons Athletics Club	DNS
	11	356	Kibet Joshua	Uganda Prisons Athletics Club	DNS



1500m Men Paralympics

Pos	Lane	Bib	Name	Affiliation	Time
1		433	Ochira Richard		4:57.8
2		-	Mugabe Brian		5:57.5

3000m SC Men

Pos	Lane	Bib	Name	Affiliation	Time
1	7	607	Rotich Gideon	JOCDEF Athletics Club	8:57.4
2		304	Chemutai Vincent	UPDF Athletics Club	9:22.5
3	2	409	Kwemoi Ezekiel	Uganda Police Athletics Club	9:40.2
4	1	379	Chebet Marajan	Uganda Police Athletics Club	9:57.9
5	5	429	Sikoria Moses	Uganda Police Athletics Club	10:05.6
6	4	378	Chebet Junior	Uganda Police Athletics Club	10:18.5
	3	352	Cherop Elijah	Uganda Prisons Athletics Club	DNS
	6	361	Mutai Ezekiel	Uganda Prisons Athletics Club	DNS



3000m U20 Men

Pos	Lane	Bib	Name	Affiliation	Time
1	44	638	Yeko Dismas	Ndejje University Athletics Club	7:50.5
2	4	562	Kibet Rodgers	KCCA Athletics Club	7:51.2
3	21	426	Rotich Martin Magengo	Uganda Police Athletics Club	8:06.6
4	5	563	Kiplangat Denis	KCCA Athletics Club	8:11.5
5	35	603	Kiprop Kenneth	JOCDEF Athletics Club	8:11.6
6	22	427	Rotich Silas	Uganda Police Athletics Club	8:16.6
7	31	598	Cherotich Victor	JOCDEF Athletics Club	8:18.4
8	26	589	Chelangat Levi	JOCDEF Athletics Club	8:18.6
9	27	591	Chelogoi Febian	JOCDEF Athletics Club	8:20.1
10	25	582	Chebet Ben	JOCDEF Athletics Club	8:23.4
11	40	633	Yeko Sam Sombu	Arua District Athletics Association	8:23.8
12	32	599	Cherotwo Calvin	JOCDEF Athletics Club	8:27.1
13	36	605	Kuturi Levi	JOCDEF Athletics Club	8:27.5
14	29	596	Cherotich Abraham	JOCDEF Athletics Club	8:31.4
15	12	388	Cheptoyek Boaz	Uganda Police Athletics Club	8:36.8
16	23	476	Naido Dominic Krop	Standard High Zana Ath.Club	8:40.2
17	39	632	Cherop Dominic	Arua District Athletics Association	8:40.5
18	1	457	Chebet Abel	Talenta Athletics Club	8:41.2
19	13	389	Cheptoyek Enock	Uganda Police Athletics Club	8:41.9
20	10	350	Chemonges Abraham	Uganda Prisons Athletics Club	8:46.6
21	11	387	Cheptoris Dan	Uganda Police Athletics Club	8:46.7
22	9	349	Chelangat Caleb	Uganda Prisons Athletics Club	8:46.8
23	19	413	Mbabazi Christopher	Uganda Police Athletics Club	8:54.2
24	7	635	Wanok Morrison	Zombo District Ath. Association	8:54.9
25	20	425	Rotich Isaac Masai	Uganda Police Athletics Club	8:56.9
26	16	404	Komom Chrispus	Uganda Police Athletics Club	8:59.3
27	3	559	Chebet Timothy	KCCA Athletics Club	9:00.7
28	17	408	Kwemoi Enos	Uganda Police Athletics Club	9:04.0
29	2	460	Chelimo Samuel	Talenta Athletics Club	9:18.6
30	14	391	Cherop Enock	Uganda Police Athletics Club	9:19.2
31	42	510	Okwit Denish Steward	Nampunge C. H. Sch. Ath. Club	9:20.3
32	15	400	Kibet Tyson	Uganda Police Athletics Club	9:20.8



	30	597	Cherotich Amos	JOCDEF Athletics Club	DNF
	6	565	Kipyeko Laban	KCCA Athletics Club	DNS
	8	304	Chemutai Vincent	UPDF Athletics Club	DNS
	18	412	Limo Alex	Uganda Police Athletics Club	DNS
	24	496	Chebet Aziz	Ndejje University Athletics Club	DNS
	28	594	Cherop Calvin	JOCDEF Athletics Club	DNS
	33	600	Kibet Caleb	JOCDEF Athletics Club	DNS
	34	601	Kibet Mande Isaac	JOCDEF Athletics Club	DNS
	37	606	Kwerit Leonard	JOCDEF Athletics Club	DNS
	38	631	Cheptoyek Elijah	Arua District Athletics Association	DNS
	41	508	Comboni Daniel	Nampunge C. H. SCH. ATH. CLUB	DNS
	43	581	Wabomba Rigan	Kampala Kids Academy Ath. Club	DNS

10000m Men

Pos	Lane	Bib	Name	Affiliation	Time
1	8	377	Boshi Silas	Uganda Police Athletics Club	28:44.4
2	22	323	Chebures Ali	Uganda Wildlife Authority Ath. Club	28:44.8
3	6	357	Kibet Kevin	Uganda Prisons Athletics Club	28:51.0
4	20	588	Chelangam Abraham	JOCDEF Athletics Club	29:07.1
5	10	390	Cherop Alex	Uganda Police Athletics Club	29:42.8
6	1	301	Andiama Allan	UPDF Athletics Club	30:07.1
7	11	394	Cherop Sam Moi	Uganda Police Athletics Club	30:31.5
8	15	498	Chelimo Isaac	Ndejje University Athletics Club	30:56.6
9	4	309	Kwemoi Silas	UPDF Athletics Club	31:07.2
10	13	414	Mwanga Simon	Uganda Police Athletics Club	31:16.2
11	5	314	Sande Fred	UPDF Athletics Club	31:20.1
12	12	406	Kusuro Fred	Uganda Police Athletics Club	31:28.0
	3	621	Opio Vincent Eddison	Inzikuru Sports Academy Ath. Club	DNF
	14	430	Wangwe Brian William	Uganda Police Athletics Club	DNF
	16	517	Yoacel Rogers	MUBS Athletics Club	DNF
	18	551	Kasirivu Musa	KIU Athletics Club	DNF
	21	622	Muwanguzi Peter	Hared Jinja Athletics Club	DNF
	2	564	Kipsang Jacob	KCCA Athletics Club	DNS
	7	374	Arapsodi Fred	Uganda Police Athletics Club	DNS
	9	383	Chekwurui Mathew	Uganda Police Athletics Club	DNS
	17	522	Ddumba Sadala	Makindye Municipal Ath. Association	DNS
	19	561	Chemonges Leonard	KCCA Athletics Club	DNS



4x400m Relays

Pos	Lane	Bib	Name	Affiliation	Time
			Adoli Haron		
1			Onen Kennedy	Uganda Select	3:12.35
			Goni Emmanuel		
			Chan Wengo Godfrey		
			Komakech Regan Semei		
2			Farahan Issa	Gulu Unity	3:31.19
			Adupa Daniel		
			Opio Kenneth		

Long Jump Men

Pos	Flight	Bib	Name	Affiliation	Distance
1	2	422	Oroma Williamson	Uganda Police Athletics Club	6.58
2	3	626	Odongtoo Isaac	Gombe S.S Athletics Club	6.02
3	1	567	Bwire Kevin	Kampala University Athletics Club	5.02

Shotput Men

Pos	Flight	Bib	Name	Affiliation	Distance
1	5	363	Ocheng Moses Ginaro	Uganda Prisons Athletics Club	12.13
2	7	330	Odongkara Patrick	Uganda Wildlife Authority Ath. Club	11.61
3	3	637	Odong Baya	Uganda Police Athletics Club	11.57
4	8	312	Odokonyero Francis	UPDF Athletics Club	11.39
5	6	364	Ojara Denis	Uganda Prisons Athletics Club	11.14
6	4	424	Oyet Richard	Uganda Police Athletics Club	10.96
7	2	451	Olal Douglas	Tuku Afrika Athletics Club	6.21
	1	516	Ocacacon Ronald	MUBS Athletics Club	DNS

